



ENNEAGRAM of HOLY IDEAS From Personality to Essence



Sept 22-Nov 17, 2020 7:00 - 9:15 pm
Facilitators: Nancy Foster & George Peterson
Fee: \$270

The Enneagram of Personality is a study of who we are NOT. The Enneagram of Holy Ideas is a study of who we ARE. In our next series of nine Enneagram Study Group sessions, we will delve into the Holy Ideas. The Holy Ideas are objective, non-dual qualities of Being. Loss of contact with the Holy Ideas leads to egoic fixations and concomitant suffering.

The Holy Ideas are the permanent unchanging qualities through which Being can be known. The essential nature of everybody and everything is this essence. However, it is often lost. When lost, the person tries to restore this contact through a dualistic egoic perspective where it cannot be found. This gives rise to the egoic fixations.

Type	Holy Idea	Fixation	Dates
9	Love	Indolence	22-Sep
6	Faith	Cowardice	29-Sep
3	Law	Vanity	6-Oct
1	Perfection	Resentment	13-Oct
4	Origin	Melancholy	20-Oct
2	Will	Flattery	27-Oct
8	Truth	Vengeance	3-Nov
5	Omniscience	Stinginess	10-Nov
7	Plan	Planning	17-Nov



Understanding the Holy Ideas can provide an antidote to the egoic fixation and a path of return to our true nature.

We will study the Holy Ideas in the order they are often lost. This study will be primarily centered on the work of

Sandra Maitri in her book: *The Spiritual Dimension of the Enneagram: Nine Faces of the Soul*. Each week we will take one of the Holy Ideas and its egoic-fixation and see how they operate in our lives. Class members are highly encouraged to purchase and study Sandra Maitri's book. Reading assignments and questions to consider will be provided for each week. Many other valuable resources are also available including David Daniels: <https://drdavidaniels.com/essential-spiritual-qualities/>

The Spiritual Dimension of the Enneagram



NINE FACES
OF THE SOUL

Sandra Maitri
Foreword by Geena Roth